We pride ourselves on providing our Lil' Voyagers the freshest homemade meals daily. Many of our vegetables are grown in our own organic garden. Below are examples of weekly menus.

Example 1	Breakfast	Morning Snack	Lunch	Afternoon Snack
Monday	Cheerios & Raisins	Goldfish & banana	Grilled Cheese & Carrots w/ Ranch & Watermelon	Pretzels & Orange Slices
Tuesday	Pancake & Banana	Cookies	Cheese & Spinach Pizza & Apples	Goldfish & Banana
Wednesday	Yogurt & Strawberries	Animal Crackers & Apple Slices	Pasta W/ Meatballs & Vegetables & Grapes	Ritz Crackers & Cheese Sticks
Thursday	Waffle & Grapes	Ritz Crackers & Cheese Sticks	Mac & Cheese w/Broccoli & Pineapple	Animal Crackers & Apple Slices
Friday	Cinnamon Toast & Banana	Pretzels & Orange Slices	Chicken Nuggets w/Green Beans & Orange Slices	Pop Corn

Example 2	Breakfast	Morning Snack	Lunch	Afternoon Snack
Monday	Bagel & Cream Cheese Apple Juice	Goldfish & banana	Chicken Nuggets & Carrots w/ Ranch Fresh Fruit	Pretzels & Orange Slices
Tuesday	Pancake & Banana	Cookies	Italian Chicken & Carrots Fresh Fruit	Goldfish & Banana
Wednesday	Blueberry Muffin Apple Juice	Animal Crackers & Apple Slices	Cheese Tortellini w/ Marinara Sauce Corn Fresh Fruit	Ritz Crackers & Cheese Sticks
Thursday	Waffle & Grapes	Ritz Crackers & Cheese Sticks	Mac & Cheese w/Broccoli & Pineapple	Animal Crackers & Apple Slices
Friday	Cinnamon Toast & Banana	Pretzels & Orange Slices	Chicken Alfredo w/Peas & Grapes	Popcorn

lil' Voyagers ACADEMY

Example 3	Breakfast	Morning Snack	Lunch	Afternoon Snack
Monday	French Toast Sticks Orange Juice	Goldfish & banana	Broccoli Alfredo Garlic Bread Fresh Fruit	Pretzels & Orange Slices
Tuesday	Pancake & Banana	Cookies	Cheese & Spinach Quesadilla & Apples	Goldfish & Banana
Wednesday	Yogurt & Strawberries	Animal Crackers & Apple Slices	Sweet & Sour Meatballs PIta Green Beans Fresh Fruit	Ritz Crackers & Cheese Sticks
Thursday	Waffle & Grapes	Ritz Crackers & Cheese Sticks	Mac & Cheese w/Broccoli & Pineapple	Animal Crackers & Apple Slices
Friday	Bagel & Cream Cheese Apple Juice	Pretzels & Orange Slices	Chicken Alfredo w/Peas & Grapes	Pop Corn

Example 4	Breakfast	Morning Snack	Lunch	Afternoon Snack
Monday	French Toast & Banana	Goldfish & banana	Grilled Cheese & Carrots w/ Ranch & Watermelon	Pretzels & Orange Slices
Tuesday	Pancakes & Cantaloupe	Cookies	Cheese Tortellini w/ Marinara Sauce Corn Fresh Fruit	Goldfish & Banana
Wednesday	Mini banana muffins	Animal Crackers & Apple Slices	Pasta W/ Meatballs & Vegetables & Grapes	Ritz Crackers & Cheese Sticks
Thursday	Waffle & Grapes	Ritz Crackers & Cheese Sticks	Grilled Chicken Potatoes Broccoli Fresh Fruit	Animal Crackers & Apple Slices
Friday	Cheerios & Craisins	Pretzels & Orange Slices	Chicken Nuggets w/Green Beans & Orange Slices	Popcorn